



**James Martin**, Licensed Massage Therapist  
Advanced Therapeutics, LLC.  
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*Employing techniques from deep tissue work, trigger point release, myofascial release, LomiLomi and Thai massage allows for a customized experience to match your needs. Since graduating from the Chicago School of Massage Therapy in 1997, it has been my goal to help my clients feel empowered after receiving massage. Relieving/managing their pain and stress liberates them, allowing them to lead happier and healthier lives.*

**1996-ongoing**    **Certified Professional Member, American Massage Therapy Association**

**2012**            **Cross Country Education: Effective Prevention and Treatment of Running Injuries (6 hrs)**

**The Sun Center:**

**2012**            Ethics and Emotional Issues (6 hrs)

**2010**            Ethics and Emotional Issues (6 hrs)

**2010**            **Chronic Pain Management**

**Chicago School of Massage Therapy**

2010            Level 1 Thai massage (14 hrs)

2008            Ethics and Emotional Issues (2 hrs)

2008            Level 1 Lomi Lomi massage (16 hrs)

1999            Certified Myofascial Release Therapy (75 hour program)

- The Essentials of Fascia
- Fascial Patho-Physiology
- Benefits of Myofascial Therapy
- Postural and Phasic Muscles
- The Postural Complex: Spiraling Serial Distortion
- Fibrositis/Fibromyalgia & Myofascial Pain
- Postural Distortion of the Pelvis
- Correction of Anterior Pelvic Tilt
- Lower Cross Syndrome
- Lateral Pelvic Tilt: Correction Strategies
- The Forward head Posture: A Total Body Pattern of Postural Distortion
- Soft Tissue Rehabilitation Protocol
- Developing Myofascial Touching Skills
- Unwinding and Release of the Superficial Fascia

**2005**            **IL State Licensure instated, Licensed Massage Therapist**

**1997**            **Graduate Chicago School of Massage Therapy, Chicago, IL (650 hour program)**